



When Healing Requires Peace

Pastor Sherry Gregory

One day when I had been experiencing confrontation in my body God said to me, “Why stressed and troubled? What will make you free of it? Has not Jesus already obtained Peace for you?” I knew that God had answered my prayer, but it is a process in my life as I go through it to learn and grow how to appropriate God’s Covenant promise of Divine Health. That is why I am teaching on this subject. My question is a question that I believe lots of faith-filled believers ask themselves, just as I have asked...”How do I appropriate God’s promise of Divine Health and Peace in my everyday life?”

*Isaiah 9:6-7, Isaiah 26:3.

Definition of Peace: Hebrew-Shalom: to be safe in mind, body or estate, well happy, health, prosperity, restoration, to make amends completed, to be reciprocate, friendly, to make good.

Greek- Eirene: peace, prosperity, quietness, rest, set at one again, wholeness, soundness, completeness.

Scriptures: Matthew 11:28-30: Come to me all you who labor and are heavy laden and overburdened, and I will cause you to rest. [I will ease and relieve and refresh your souls.] Take my yoke upon you and learn of Me for I am gentle (meek) and humble (lowly) in heart, and you will find rest, relief and ease and refreshment and recreation for your souls. For my yoke is wholesome (useful, good not harsh, hard sharp, or pressing, but comfortable, gracious and pleasant), My burden is light and easy to be borne.

Disease, illness, unrest, stress, and every malady has a root cause, and that cause is that the devil (the spirit of death) and the curse is in operation to cause fear, stress, anger or hatred toward oneself or others, and in lack of self-esteem.

All of these come from: The Curse, it is not our covenant!

All fear comes from: The Curse, it rooted in death.

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Fear is of the devil and is an oppression of the devil. God tells us that we will be and in fact commands us to be established in righteousness and far from oppression, and promises us that we will fear not if we are established in righteousness. When we are righteous conscious we know that there is nothing to fear. God says that fear is a “weapon” and that it can not prosper against us.

Over 110 times God commanded us in the Word to “fear not”.

Is 54: 4 Fear not for thou shall not be ashamed: neither be thou confounded, for thou shall not be put to shame: for thou shall forget the shame of thy youth, and shall not remember the reproach of thy widowhood anymore

Mention something from the Word that someone is not aware of or that someone has had wrong or limited teaching on and one can just watch these steel bars or the walls go up. When we have these triggers that go off and set these invisible walls in motion, we usually are not aware of it. When we are hurt or experience defeat in any area of life, we put up a protective wall or “defense mechanism”. This is in place to guard ourselves against something like this happening again. It seems that the devil knows our “triggers”, or our weaknesses at times, and that causes us to throw up these “walls” of protection too.

The only way to fight against this attempt at causing us to be captured again and put back into bondage again to fear, is the love of God by way of an intimate relationship with our Lord and Savior Jesus Christ. He is the one and only way to peace and joy in life.

Some of fear’s drivers or “triggers”:

a) Fear of something that might happen to you. b) Fear of loosing what you have. c) Fear of shame d) Fear of confusion e) Condemnation thinking that we have caused something, or that we have somehow left an “open door” to the devil’s devises f) Sin-consciousness either of your sins or failings or other people’s sins or short-comings g) Fear of failure h) Fear of success i) Fear of pain j) Fear of loneliness k) Fear of hunger l) Fear of loosing control. **Hopelessness that leads to suicide is caused by fear!**

The root of fear is the spirit of death. The fear of death and the fear of the process of death. Fear is a tool of oppression, decreases faith, it’s fruits and seeds are of destruction and devastation, decay, poverty, sickness, disease, confusion, irrational behavior. The fight or flight response is NOT NORMAL as the world says it is, NOT NORMAL for the CHRISTIAN!

We must deal with it head-on! Confront the fear head-on, with God’s knowledge, understanding and judgement based on God’s unending love for us, in us in His Word. When we go ahead and face what we have been fearing from a standpoint of victory, we can conquer it successfully. But we must cast fear and terror far from us and embrace (press into) God’s Love for us.

Love casts out fear.

Just because we have successfully worked through one confrontation, does not mean that it will end there. In fact, as we continue in God’s love, pressing further into a close relationship with Him, fear is “flushed” out. With the flushing out of fear or the purging out of fear, the fear may pass through out our mind or out emotions on it’s way out. In I John 4: 18, the Word says that

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Love casts out fear, turns it out of doors and expels every trace of terror. Love gets rid of fear.
Not human love but the Love that never fails-God's Love.

12 Steps to H.O.P.E.

1. I admit that I am powerless without Christ in my life as both my **Lord** and my **Savior**. I have made a decision to turn **my life** and **my will** over to Him and to allow Him to guide and lead me in every step I take from now on. Romans 10:8-10, John 3:16
2. No matter how hard I have tried to work things out in my life, something has always hindered me from success. That "something" is now revealed to me as my own flesh, an unrenewed mind, the world's ways and the influence of the devil (the spirit of death) in my life. John 10:10a, Romans 8:5-14, Galatians 5:22-25.
3. I am convinced that God through Christ is the only force who can turn things around for me. Out of desperation and a deep desire to have the abundant life that God wants me to have, I choose life! Deut. 30:19, John 10:10b,
4. I endeavor to know and to live in a way that will please Christ, and to know and act on the power that Christ has put on the inside of me as a born-again Christian. I refuse to quit or fail, because the greater one lives on the inside of me! I am more than a conqueror! Christ IN ME causes me to have victory in every situation! I John 5:4-7 says: I am born of God, and whatever is born of God overcomes the World.
5. I take a searching and fearless personal inventory by Love for myself and for God: This helps me to realize the repeating patterns of fear and difficulty in my life, and to be strengthened by the patterns of success and faith in my life. Matthew 22:37-39, 2 Timothy 2:15.
6. I search to recognize the "triggers" that set old ways and habits into action, and the triggers that set faith and success into action. I avoid triggers that would cause me to fall into sin and I practice those things that cause me to have faith and live victoriously. Romans 12:2
7. I prayerfully and thoughtfully plan my next response to those different negative "triggers," basing my next response on the Love of God and the Word of God. This way I turn my fears and failure into faith and success. It may take some time to overcome my "built-in" responses from my past ways, but I press forward and always strive to improve, staying humble and willing to admit to myself and to others when I make a mistake.
8. I commit myself to one on one time with my Lord and Savior daily and I commit myself to the counsel of those of Like Precious Faith. I do it consistently and faithfully so that I will grow in Faith by Love (that never fails, Hallelujah!). Good associations will cause my soul (mind, will, and emotions) and my flesh to exercise spiritual principles to promote self-control and peace in my life. Bad association will do the opposite. I fellowship with those of "like precious Faith" to help me control my responses. 2 Corinthians 10:3-5, Philippians 4:8, All things are possible to him who believes! Mark 9:23, Jeremiah 3:15.
9. I choose today to forgive myself, and do my very best to make amends for the wrongs that I may have done to others. Today, I choose to forgive others who have wronged me, (whether real or perceived) I flush unforgiveness out of my heart, and forget, so that I can move forward in your life with Jesus! Ephesians 4:32, Romans 6:4, Philippians 3:13-14.
10. I am compassionate to others who are in the process of healing and becoming a better Christian. I do not allow myself to have faith in my own faith, only the God-kind of faith. I remain humble, realizing that it is Christ the anointed one on the inside of me makes me more than a conqueror, yet I have great confidence in who I am in Christ, and it causes me to have boldness and success in the face of adversity.
11. I will regularly give testimony of God's goodness in my life, and never give up on myself or on God.
12. I will endeavor to help someone else heal of his or her fears and hurts, and if they have never been born again, I will help them to realize and receive the reconciliation of Christ's love for them so that they too might have abundant life. Romans 12:15, 2 Corinthians 1:3-4

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Love produces faith in Life, Fear produces faith in Death! The choice remains ours, whether or not we choose Life or death. **Romans 8: 31-39, Deut. 30:19, I John 4:16-18.

If great fear brings tragedy, then great faith brings great success! Timidity or shyness is caused by this ugly root, and if not flushed out can cause a person to recluse from society.

Psychiatrists have many medical terms for these types of behavior, but often leave out the root source, which is spiritual. Examples: Manic /Depression, Depression, Anxiety, Paranoia, and other Mental Illnesses.

There is Hope for those who continually choose LIFE! *Ezekiel 36:26-27, *A new heart will I give you and a new spirit will I put within you, I will take away the stony heart out of your flesh and give you a heart of flesh. And I will put my Spirit within you and cause you to walk in My statutes, and you shall heed Me ordinances and do them.* **Your heart is like a treasury or a bank account. You make deposits by hearing the Word. You can't withdraw more than you have in the account.**

This entire struggle in life is because of the presence of fear that contaminates our faith. Fear is the spiritual connector of sickness and disease. Acts 10:38

What does it take for a person to come to Jesus and let Him take our burdens?

Trust. Trust comes by knowledge of or a record of consistent good treatment. Isaiah 26:34, Isaiah 9:6, Psalm 23, John 14:27, Isaiah 57:19, Ephesians 2:4, Philip 4:7 James 3: 13-18, Isaiah 55:8-12, I Corinthians 7:32.

Trust Him today, He LOVES YOU!

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