



Healing For Families
By Pastor Sherry Gregory

The Heart of a Godly Person – When a person has a heart for goodness in their own life and in the lives of their family, they will seek God and godliness in their lives. What is necessary for that person to have good family relationships is to first prioritize their own spiritual growth. One cannot give to others what one doesn't have from the inside. There is no better start to having a great family atmosphere than to start with oneself and allow that right spiritual status to flow outwardly to others. However, many people look at their dysfunctional families and automatically think there is something wrong with themselves. That simply is not always the case. Each member of a family has their own free will, and at some point it is up to that family member to decide what type of relationships they desire to have with the other members of their family. So, let me encourage you, this is just a guide to follow so that if you have not tried the steps outlined in this study, you may find the answer to healing your family within this study. Even though it is always a good rule of thumb to start with oneself, there are still other people's will involved, so do not beat yourself up if everything doesn't change immediately. With God all things are possible, so there is always hope to turn every situation around for the better. Prayer for our loved ones is the very most powerful place of influence we have. When our hearts are focused on God's promises for our families, and we actively seek to enhance the relationship we have with the Lord and with others, things have to move forward in a good way. Enjoy this study, and go at it with all of your heart, and I will personally guarantee that good things are bound to happen, good fruit will be the end result!

Fellowship with God has to be our very top priority in everything.

1. Top Priority- My fellowship w/ God the Father.
 - a) Love the Lord your God...Mt 22:37-39, I Pt 2:9, John 15:16
 - b) Seek First His Kingdom...Mt 6:33, Col 3:1, Ro 4:17, Lk 17:21
 - c) Love for God and Love for Souls...I John 4:8, I John 4:12-21, John 3:16 (cling to, rely on, trust in Him – making Him not only as Savior, but Lord of your life!)
 - d) We must develop a habit of fellowship, your spirit to the Spirit of God. 2 Pt 1:1-8,
 - 1) Set aside a “quiet time” with the Lord every day, and then pray at all time all day.
 - 2) How the devil steals our time: Distraction, multi-tasking, confusion, allowing worldly activities to take from our intimate time in the Spirit.
 - 3) The overflow of our fellowship with Him is what others get from us. Isaiah 26: 3-4 Peace, the gift of focus on Him.

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- 4) We cannot give what we do not have, just like a bank account; if we don't have it we cannot write a check.
- 5) Going to church is good but not enough, we need Him and we need the Body of Christ. Heb 10:19-25

A Lifestyle of Prayer - When our fellowship with Him is consistent, we possess His Love and Joy on the inside of us and can give strength to others.

- a) The Just shall LIVE by faith! Romans 1:17, Galatians 3:11, Hebrews 10:38
- b) The prayer of faith is powerful! The prayer of faith works, and is our most powerful place of influence in the earth.
- c) Without faith it is impossible to please God - Hebrews 11:6
- d) Faith works by love – Gal 5:6
- e) No Word from God shall be without power – Luke 1:37
- f) Luke 10:19 Our authority (exousia) is more powerful than the devil's power (dunamis)
- g) Jesus took time to teach about the power of faith, Mk 11:20-24 Examples of the prayer of faith:
 - 1) Acts 12:5-16, Peter is freed through the prayer of Faith
 - 2) Acts 9: 33-34 Aeneas gets up healed after 8 years bedfast
 - 3) Acts 8:5-8 There was great joy in the city
 - 4) Luke 13:13 The woman healed of spirit of infirmity
 - 5) Luke 8: 40-42, 49-56 Jairus' daughter raised
 - 6) Luke 8: 43-48 The woman w/ the issue of blood is made whole
 - 7) Mark 10: 46-52 Bartimaeus receives his sight

Fear tolerated is faith contaminated! Faith does not mix with fear, or doubt and unbelief. Be watchful to pray the Word in faith by love. You will be guaranteed of success.

- a) Fear Not! Joshua 8:1, Ps 23:4, Ro 8:15, 2 Tim 1:7.
- b) Do not be deceived by Fear masquerading as wisdom.

Creating a Godly Atmosphere at home

1. Be not unequally yoked! 2 Co 6:14
2. If your husband or wife is not a believer, pray, plead the Blood of Jesus over him/her and ask God to guide you by the Holy Spirit. Ro 2:4 (the goodness of God brings men to repentance)
3. Be the spiritual head of your household (it doesn't matter whether you are a woman or a man, we are spirits and everyone who is born of God has authority in the Spirit realm over the devil and the world's ways. If your marriage partner is not leading, then you must lead for both of your sakes as well as for your children's sake.
4. Be diligent in leading and/or including family members in prayer, praise, study, and sharing practical insights in the Word.
5. Be selective and authoritative concerning the influences that come into your home and concerning the influences that are around your family.
6. Do not take ungodly counsel or advice. Ps 1:1-3
7. Do not backbite your family members! Strife brings confusion and every evil work. Tell the truth, yet, walk in love, and do not waste your time or energy arguing. Speak well of your family members, and they will eventually come around to whatever you speak about them. (If you are in danger of harm, then you must remove yourself and your children from the danger & do not commit a crime.)
8. Be a watchman, not a nag: Prov 31:10-

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Offense and unforgiveness – avoid them!

1. Definitions

- a) Strong's, Greek: Scandalon literally meaning “the bait of a trap” The word originally referred to the part of the animal trap to which the bait was attached to entrap or ensnare the animal.
- b) Grosset Webster's Dictionary: resentment, an affront, an injustice, a misdemeanor, attack or aggression.
- c) Webster's New World Dictionary: to commit a sin or a crime, to create resentment, anger, to hurt the feelings of or to be insulted.

2. Scriptures: I Pt 2:19-24, I Co 13:5, Mt 24:10-13

3. Offense is like “Spiritual cholesterol”, it clogs up your heart. We have to forgive and move on, to get our arteries cleaned out so there is not a build up...so we don't have the risk of a “heart attack”.

4. 4 things we should do to keep our heart in shape:

#1 Watch what you eat

#2 Exercise I Tim 4:6-8

#3 Avoid stress

#4 Be consistent

5. Forgiveness is key to keeping your heart from getting hard.

- a) Scriptures: Mark 11:25-26, I Co 3:3, Prov 25:21-22, Gal 5:1, Ephes 4:32

Cast your burdens on Jesus, daily. I Pt 5:7, Ps 55:22, Mt 11:30

1. When our family members are weak or when we are weak.

- a) I Co 15:43, I Thess 5:14, Mt 26:41, Is 35:1-6

2. When our family members are weary or when we are weary.

- a) Prov 3:11, Is 40:31, Gal 6:9, 2 Th 3:13

Rest in God's promises and in His Word – for He is faithful!

1. Our Hope is in Him! Heb 6:10-12&18-20, Ro 5:4, Gal 5:5, Philip 4:6-8, Is 40:30-31, Is 61:1-11, Is 26:3-4, Ephes 2:14

2. Hebrews 11, let it charge your faith!

Scriptures to meditate on and confess:

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| 1. Isaiah 54:17 | Ps 91 | Ro 11:29 |
| 2. Gal 3:29 | Gal 4:22-31 | I Pt 1:23-25 |
| 3. 2 Pt 1:1-4 | Mt 19:26 | Heb 12:1-2 |
| 4. Mark 9:23 | Phil 4:6-9, 13 | Heb 4:12,16 |
| 5. I Co 2:13,16 | Is 55:8-11 | Ro 8:17 |
| 6. Is 53: 3-5 | Heb 3:1 | Acts 2:39 |
| 7. Joel 2:28 | Prov 3:1-10 | Prov 4:20-22 |
| 8. Heb 7:16 | I Pt 2:9-10 | Is 40: 28-31 |
| 9. Gen 18:19 | Dt 30:15 | Dt 28:1-14 |
| 10. Ps 33:11 | Ps 22: 30-31 | Ps 112:2 |
| 11. Ps 103:17 | Is 62:12 | |

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